

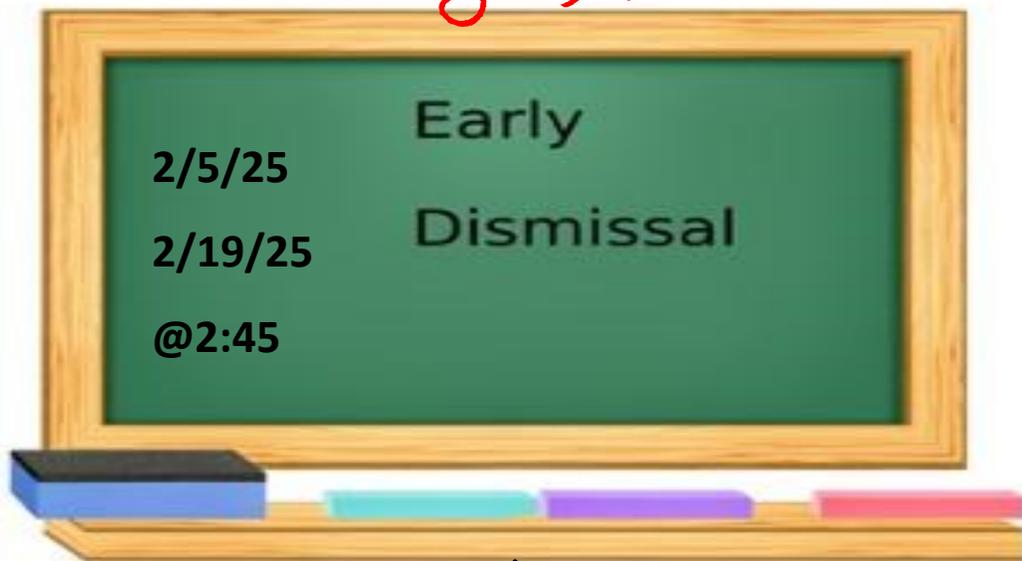


# MARK YOUR CALENDARS!

## Presidents' Day

NO SCHOOL

February 17, 2025



**North Ridge Family Council Meeting**

**North Ridge Cafeteria**

**2/26/25 5-6 pm**

**SAVE the DATE**



RESOLUTIONS *networking*  
*activities* exchange *quality of life* QUALITY OF CARE  
**FAMILY COUNCIL**  
engagement *sharing* **SUPPORT**  
*improvements*





# **\*Important\*** *Phone Numbers*



## **First Student** <sup>A</sup>

(217) 920-1341

(217) 920-1347

(217) 920-1348



P 217-444-3400  
F. 21 74443488



**Report  
Absence or  
Lateness**

## **Attendance**

Mrs. Guthrie

217-444-3404



## **Receptionists**

Mrs. Davis

217-444-3403



## **Nurse**

Nurse Gabby

217-444-3408



Mr. Hightower 2174443474

Mr. Day 217444-3468

Ms. Mason 2174443482



### **Guidance Counselor**

C. Helferich

HelferichC@danville118.org

Secretary J. Curry-Varner



### **Guidance Counselor**

T.Ferber

FerberT@danville118.org

Secretary J. Augustson

### **Dean**

M.Parker

ParkerM@danville118.org



### **Dean**

J. Smith

Smithj@danville118.org



## North Ridge Athletics

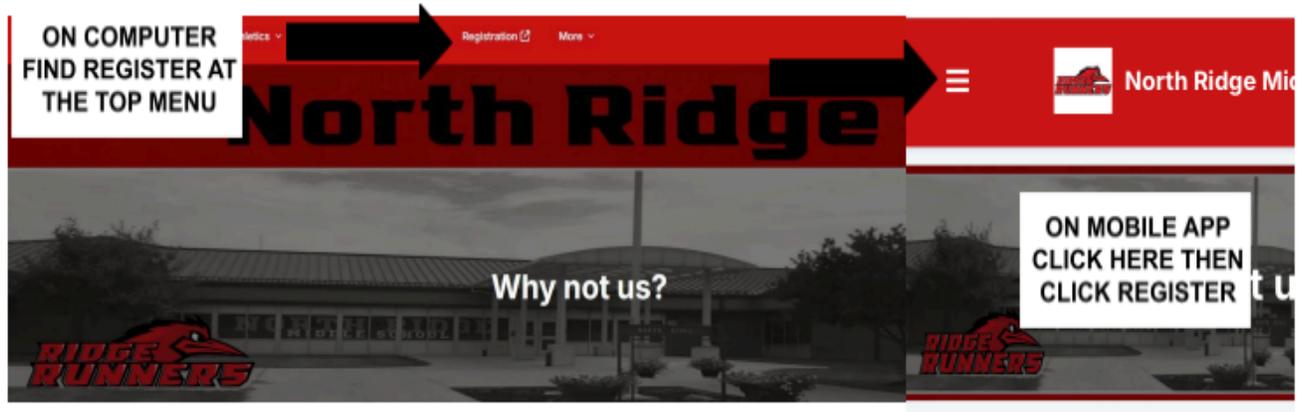
Check out our Facebook page:  
North Ridge Athletics

\*\*\*ALL UPDATES WILL BE POSTED HERE\*\*\*  
\*\*\*All athletes MUST have a new sports physical\*\*\*



**REGISTER ONLINE BEFORE THE DATE OF TRYOUTS**  
**TO REGISTER SCAN THE QR CODE ABOVE**  
**OR GO TO...**

**<https://schools.snap.app/northridge>**



### FALL

- Softball
- Baseball
- Cross - Country
- Cheerleading
- Girls Basketball

### WINTER

- Boys Basketball
- Girls Volleyball

### SPRING

- Track & Field

If you have questions or need help  
with registration, please contact our  
athletic director, Taryn Owens.

[owenst@danville118.org](mailto:owenst@danville118.org)

217.444.3426 ROOM 609



## Track & Field 2025

All athletes participating in track and field need a pair of running shoes (non-spikes). Running shoes provide cushioned support to help minimize injury. *Basketball shoes are not recommended.*

Track spikes are considered **optional**. Some athletes may choose to compete in spikes. However, athletes *MUST* have running shoes (non-spikes) for practice. We do not always practice on spike-friendly surfaces. In addition, continually running in spikes may lead to injury, as they do not provide the support running shoes do.

### KNOW BEFORE YOU BUY:



#### **Running Shoes (Required):**

A cushioned running shoe is made to feel comfy and soft when you run. It has special foam or gel inside to help protect your feet and legs from hard impacts.



#### **Sprinter Spikes (Optional):**

Sprinter spikes typically have no cushion in the heel and have a distinct round look on the heel. Some brands will include sprint in the name of the shoe.

These are typically used for the 100m, 200m, 400m, and hurdles. They can also be used for jumps.



#### **Distance Spikes (Optional):**

Distance spikes typically have noticeable cushioning in the heel and work well for all distances. The distance spike may also be called a cross country or XC spike.

These are typically used for the 400m, 800m, and 1600m. They can also be used for jumps and sprints.



# Sweetheart Sneaker Ball

- ★ February 14th 6-8pm in cafetorium.
- ★ Dress in your best and wear your sneakers.
- ★ Cost \$5 (Tickets sold Feb.3rd-7th at lunch, no tickets sold at door.)
- ★ Cookie and Punch concession stand for \$1 each
- ★ Valentine's gifts sold at the dance

## Requirements to attend

- No suspensions starting January 14th - Feb 14th
- No referrals February 1st - 14th
- No more than one tardy from February 1st -14th



## Student Council Valentine's Sale

Feb 10th-14th at lunch

Purchase a Valentine for a Friend, BF/GF, teacher, loved one, yourself.

Cost \$1

Must know recipients 8th hour teacher all Valentines will be delivered on February 14th to the 8th hour teacher.



BLACK HISTORY MONTH  
PRESENTATION

# HISTORY STARTS AT HOME



**FEB 20TH**

**5:30-7 PM**

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**NORTH RIDGE M.S.  
1619 N. JACKSON**

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**LIVE  
ENTERTAINMENT  
AND LIGHT  
REFRESHMENTS**

# Nurse Notes

## 8 th grade parents:

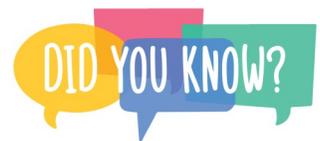
It is not too early to get a freshman school physical. All students entering the 9th grade need a new physical.

Having completed this ahead of time helps successful transition into Danville High School.



Please know, our school-based health clinic, Southern Illinois Healthcare Foundation, better known as SIHF, is always available for our D118 students. SIHF is perfect for physicals, vaccines, illnesses and minor injuries.

For more information you may contact them at 217-920- 0168.



**Starfish don't have bodies.** Along with other echinoderms (think sea urchins and sand dollars), [their entire bodies are technically classed as heads.](#)

# BE SAFE

## IF YOU FEEL SICK STAY HOME (IT'S NOT PERSONAL)

Fever 100° or higher, vomiting or diarrhea in the last 24 hours, lice, having a known infectious illness or rash, eye drainage that cannot be maintained properly, having an ER visit within the past 24 hours.

Cold/flu season is among us. If you are not sure when to keep your student home, please call the school nurse at the number below.

A BETTER YOU

## Is It a Cold ... or the Flu?

Uh oh. You're getting that achy feeling in your joints, your throat is scratchy, and you can't seem to get warm. There's no doubt you're getting sick, but is it a cold or the flu—and does it even matter? "The flu generally comes on more quickly and body aches are a prominent feature," says **Matt Nimer**, a physician assistant specializing in family medicine at University of Utah Health Care. "The flu can cause other health issues, so it helps to know the difference." Here's a quick guide.

Symptoms	Cold	Flu
Body aches	Not usually	Almost always, often severe
Congestion, runny nose, sore throat, sneezing	Almost always	Sometimes
Exhaustion	Sometimes, but never extreme	Almost always, usually extreme
Fever	Not usually	Almost always
Headache	Sometimes	Usually
Location of symptoms	Above the neck	Entire body
Typical duration	About a week	One to three weeks

### Doc or Not?

"If you think you have a cold, in most cases it's OK to treat symptoms and wait it out for a week," Nimer says. But if your condition worsens or you think you have the flu, visit your doctor right away. "There are prescription medications that help, but they need to be taken within 48 hours of symptom onset."



# Builders Club

The North Ridge Builders Club is preparing for a busy second semester of school and community service projects.

We are still collecting General Mills Box Tops for Education through their app. Please add the app to your phone and start scanning your receipts. Contact Mrs. Delzell if you need information about how to use the app or if you need a list of eligible Box Top products. Money collected from the General Mills Box Tops for Education Program is used to help fund our school and community projects.

The Builders Club continues to oversee the NRMS paper recycling program.

In February, we will continue making Valentines for Veterans. The valentines will be given to the veterans at our local VA Illiana Health Care System.

Our next meetings are:

Wednesday, February 5, 2025

Wednesday, February 19, 2025

Wednesday, March 5, 2025

\*All meetings are at 8:15 A.M. in the North Ridge library

\*If you have questions, all club information and news is posted in our Builders Club Google Classroom. You may also contact Mrs. Delzell and/or Mrs. Leemon at North Ridge.

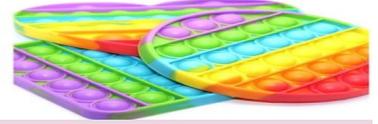
We are still recruiting new members. Please contact us if your child is interested in joining the Builders Club. As always, thank you for your support!

# STUDENT COUNCIL

Meeting: Thursday, February 6, 2024



## PBIS School Store



Open on  
 Fridays Only  
 Beginning Friday, January 24th  
 Students must have Red Rewards to shop.

### PBIS SCHOOL STORE UPDATE

Starting Friday-

Students can purchase candy bars, chips, and bottles of water from the school store.

#### In order to purchase:

- \*You must have red rewards
- \*You need a pass from your teacher
- \*Items will be a \$1
- \*You must have exact change
- \*Limit 3 items per student
- \*Items from store may change based on supply
- \*Food **MUST** be saved for lunchtime, no eating in the hallways



# Important Information

## EFFECTIVE

8/19/24

### GRADING

Summative 75%  
Tests, projects, essays, presentations

Formative 25%

Quizzes, homework, classwork, participation, etc.

**Oops!**



**You are Tardy**

Students will go to the stations located throughout the building for a pass.

### **Tardy Bell:**

No student will be admitted to class without a Detention/Tardy slip

Students who fail to adhere to the dress code policy of their school will be permitted to contact their home for a change of clothes or will be sent home.

The following items will be considered a dress code violation and will result in a parent contact and/or a referral.

## **Dress Code Alert**



# YEARBOOKS

ON SALE NOW  
THROUGH MARCH 24

\$30



[INTER-STATE.COM/ORDER](https://inter-state.com/order)

SCHOOL CODE: 91519S

# January Students/ Employee of the Month

## **Carlos Williams-8th Grade**



Carlos is always on time for class. He works very hard in class and does his e-learning work as well. He has a good sense of humor. His grades are good, with lots of A's.

## **TyEl Brigham-8th Grade**



TyEl is a prominent player in her Orchestra class. In the viola section, she is somebody who her peers rely on to help them through their music. She is a confident and proud viola player who is also musically inquisitive. She has even began composing music which she has shared with me. In addition, she is a hardworking student who is always positive and strives to always do her best.

## **Erwin Watson-7th Grade**



Erwin is always incredibly positive, helpful, and kind. He comes to class prepared to work every day and strives to do his best. He also goes out of his way to find ways to help his fellow classmates and teacher, often offering to stay after the bell rings to help clean or rearrange desks.

## **Ayress Boyd-Williams - 7th Grade**



Ayress is always positive, respectful, and ready to work. She never complains and doesn't allow herself to be pulled into drama or chaos of classmates

## **Mckenzie Richardson- 8th grade Social Studies**



Miss. Richardson joined North Ridge in a time of need. Miss Richardson is doing a fantastic job in the classroom and great addition to North Ridge. She has taken on a difficult role and accepted the challenge gracefully. She has creative and fun lessons for her students. She sets high expectations and wants the best for her students. She is great addition to North Ridge.



# Positive Behavior Interventions And Support



DANVILLE HIGH  
SCHOOL SHOW  
CHOIRS

NORTH RIDGE  
MIDDLE SCHOOL  
REDCOATS

# 20 PRIMA VISA 25

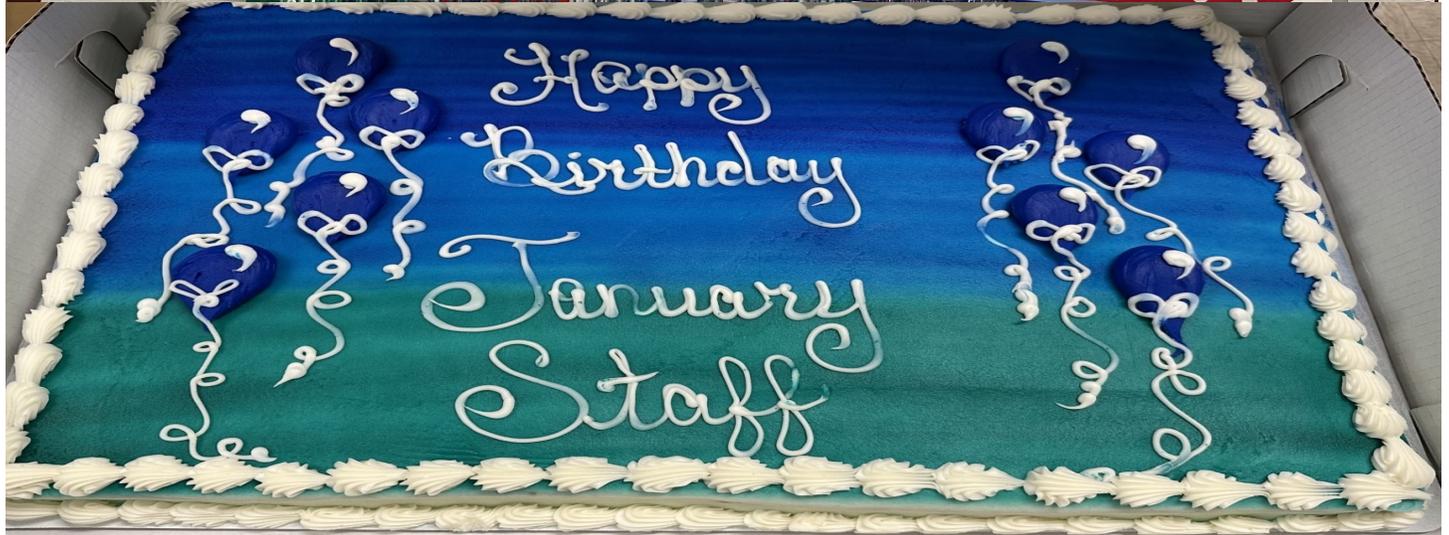
THURSDAY, FEBRUARY 6, 2025

6:00 PM | DANVILLE HIGH SCHOOL | FREE-WILL DONATION



# JANUARY

## HAPPY BIRTHDAY!



**North Ridge Middle School Fall 2024 Academic Honor Roll****8th Grade****High Honors**

Abd Allan	Rylee Hardesty	Briana Perez
Ty'El Brigham	Ryan Hartshorn	Madeline Rambole
Gianna Brown	Gabriel Hawley	Nola Stroud
Jamar Carter	Todd Herring	Noah Torres
Bailey Comstock	Heidy Lopez Angel	Sophia Wright
Sora Diffenderfer		

**Honors**

Courtney Acree	Jailyn Huston	Elliana Poggendorf
Roy Anderson	Easton Jackson	Landon Powell
De'Angelo Arnold	Chynna Jefferson	Elijah Purvis
Breaisha Bland	Jose Juarez Ramos	Nico Rangel
Ja'Rius Brown	Cory King Cunningham	Shannon Reed Walls
Sa'Nye Brown	Ella Klewicki	Jacob Roberts
Jakya Clark	Kendrick Leek	Kaleb Robinson
Keiion Cleave	Kitzia Leon	Royce Rudy
Kevontre Coleman	Tyshawn Lloyd	Jessica Sanchez
Jaymion Cunningham	Joshua Long	Joel Scott
Cooper Donaldson	Brayan Macias Pizana	Gabriela Serna Ramsey
Eli Donaldson	Lariah Medina	Dracyn Shaw
Tennille Faulkner	Ellie Miller	Yariah Shaw
Jacob Frick	Jaiden Moody	Ja'On Tate
Elizabeth Gan	Hannah Morris	Ziyah Tinsley
Vincent Garrett	Lydia Mourer	Isabella Trussel
Eli Gray	Brenda Ocampo	Demetrius Wade
Jhion Groves	Landon Outlar-Garth	Darya Wallace
Forrest Hagler	Happy Patel	Blake Warfield
Tenley Hart	Lydia Perez	Ma'Kylah Weston
Freedom Hawthorne Luster	Savannah Perras	Aubrey Wills
Shar'Donne Hillsman	Lilly Phillips	Jaiven Wilson

**North Ridge Middle School Fall 2024 Academic Honor Roll****7th Grade****High Honors**

Traye Allen	Brinkley Monroe Engel	Parman Kaur
La'Kahri Anderson	Ter'Rhiana Fears	Amya Larkin
Kennedy Atkinson	Mateo Garcia Godinez	Micah McCarty
Jada Black	Roman Greer	Gabrielle Sanico
Ayress Boyd Williams	Riley Hill	Aaliyah Smith
Valarrii Calloway	Jaylin Jackson	Erwin Watson
Hailee Coon		

**Honors**

Shahrazad Allan	Vivienne Harasym	Harper Musk
Owen Anderson	William Hicks	Dalton Pankow
Dylan Austin	Aubriella Hill	Don Potts
Ma'Layah Banks	Shaun Hough	Ariella Powell
Carson Barrett	Zuri Howard	Aracely Ramirez
Alexander Bautista Gabriel	Alana Hunt	Sophia Ramirez
Aubrey Bryant	Grayson Jameson	Braxtyn Rice
Londyn Bryant	Eden Jessup	Renee Roberts
Gage Carpenter	Brooklyn Johnson	Jaylen Sanford
Jaire Carter	Ky'Ston Johnson	Brennan Sasseen
Emeri Clark	Cortez Jones	Abriyah Scott
Dontay Coleman	Mila King	Lariah Simms
Amarii Crider	Cameron Kropp Morris	Emry Smith
Josy Crowder	Jason Lamb	Ariya Treadway
Drew Defebaugh	Gabriella Lesure	Jayden Tyler
Leah Dillon	Paris Luna Vazquez	Darshaun Wade
Wyatt Dillon	Alayah Luster	Zachariah Williams
Umarjon Donizoda	Jurnee Mason	Paula Williamson
Jesse Felix	Jose Miguel Medina Zapien	Benjamin Wlodkowski
Sa'Niyah Glover	Casey Jo Morgan	